

# Yoga Teacher Conf - Code of Ethics

Every person, whether they realize it or not, adheres to a certain belief system rooted in core values and governed by a code of ethics. Although the spectrum of these systems can be vast, it is imperative to state the code of ethics under which the Yoga Teacher Conf will be governed. The Yoga Teacher Conf abides by the guidelines of the Yama & Niyama and we expect our teachers and presenters to do the same. All teachers are expected to adhere to the following Code of Ethics:

~~ I agree to respect other's boundaries, both physical, spiritual, and mental.

~~ I agree I will avoid any activity that is not in the best interest of the students and participants.

~~ I commit to maintaining clear professional and personal boundaries with those around me.

~~ I agree to foster trust and community within the Conf by not engaging in romantic or physical relationships with my students, even if the student initiates the relationship.

~~ I agree that I will not prioritize my own needs at the expense of others or my students needs.

~~ I agree to be honest and forthcoming when interacting with others. This includes honesty in my qualifications and only providing services in which I am qualified to teach.

~~ I understand that each student and teacher is on their own personal journey and their journey may look different than mine.

~~ I agree that the Conf will be an open forum for discussion and exploration of various traditions, and practices from a variety of perspectives. I agree that while other's belief systems may differ from my own, these are to be treated with respect. I am not expected to agree with these differences but I will listen with an open mind when engaging in discussions. I will not belittle, be vulgar towards or disrespect other teachers or traditions that differ from my own beliefs.

~~ I agree that while I am an educated yoga teacher, it is not my place to recommend specific treatments, procedures, etc. to individuals in lieu of professional, medically-informed recommendations from their physician or therapist.

~~ I agree that yoga will not fix or heal others. I agree that I will not fix or heal others. Students can only heal or fix themselves through the tools of yoga. I understand that my purpose as a yoga teacher is to lead and guide students in discovering their own innate knowledge and personal practice.

I agree to adhere to the aforementioned Code of Ethics, to abide by it's tenets both explicitly stated and implied, and to help foster a community of trust by holding myself, and those around me, to the same standards.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_